

# “The Gift of Music in Dementia Care”



Music is profoundly linked to our memories. It can bring emotional and physical closeness, shift our moods, and manage our stress. This session reviews how and why our brains are hard-wired to use music to connect with long-term memories, even in those living with dementia, and discusses ways to use that information to improve a person’s quality of life.

In this session, you will learn:

- How music boosts our brain activity
- Why music is so closely associated with memory
- Ways music positively impacts those living with dementia
- Tips for developing a personalized music program to improve the quality of life of an individual living with dementia



Let our Dementia Expert “open the door” to a better understanding of dementia with a 60-minute or 90-minute session on this topic!

Lori Dierolf, President of Open Door Training & Development, holds a Bachelor’s degree in Psychology and has been leading staff education on dementia topics for over 20 years. She is a Personal Care Home Administrator, as well as a Certified Dementia Practitioner, a Certified Alzheimer’s Disease & Dementia Care Trainer, and a Certified Aging & Alzheimer’s Educator.

Lori’s sense of humor and real-life examples from her years of experience in long-term care are reasons attendees consistently rate her sessions with 5 Stars!!! Read their testimonials at [www.OpenDoorTraining.net](http://www.OpenDoorTraining.net)!!

## Contact Us!

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Or call (717) 471-3572

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