

Humor & Dementia: “It Can Be a Laughing Matter”



Humor is a form of communication, and while most people know it can improve relationships and help people cope with their everyday lives, it can also boost brain health and keep the mind engaged. This session reviews the positive impact that humor and laughter can have on the lives of individuals with Alzheimer’s and other dementia-related diseases.

In this session, you will learn:

- Why humor is healthy for you
- How a person’s sense of humor might change with dementia
- Five different types of humor, including the types which are best understood by those living with dementia
- What Gray Humor is and why caregivers should avoid using it



Let our Dementia Expert “open the door”
to a better understanding of dementia with a
60-minute or 90-minute session on this topic!

Lori Dierolf, President of Open Door Training & Development, holds a Bachelor’s degree in Psychology and has been leading staff education on dementia topics for over 20 years. She is a Personal Care Home Administrator, as well as a Certified Dementia Practitioner, a Certified Alzheimer’s Disease & Dementia Care Trainer, and a Certified Aging & Alzheimer’s Educator.

Lori’s sense of humor and real-life examples from her years of experience in long-term care are reasons attendees consistently rate her sessions with 5 Stars!!! Read their testimonials at www.OpenDoorTraining.net!!

Contact Us!

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Or call (717) 471-3572

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