

# Depression & Dementia: “What to Know and What to Do”



Depression is very common among people living with Alzheimer’s Disease, especially during the early and middle stages, but getting an accurate diagnosis and treatment can vastly improve a person’s quality of life.

In this session, you will learn:

- What Depression is and what causes it
- Statistics about Depression in older adults
- Differences and similarities between Dementia & Depression
- Why Depression can go unrecognized in those living with Dementia
- How Depression impacts those living with Dementia differently
- Ways to improve the quality of life for those with both diagnoses



Let our Dementia Expert “open the door”  
to a better understanding of dementia with a  
60-minute or 90-minute session on this topic!

Lori Dierolf, President of Open Door Training & Development, holds a Bachelor’s degree in Psychology and has been leading staff education on dementia topics for over 20 years. She is a Personal Care Home Administrator, as well as a Certified Dementia Practitioner, a Certified Alzheimer’s Disease & Dementia Care Trainer, and a Certified Aging & Alzheimer’s Educator.

Lori’s sense of humor and real-life examples from her years of experience in long-term care are reasons attendees consistently rate her sessions with 5 Stars!!! Read their testimonials at [www.OpenDoorTraining.net](http://www.OpenDoorTraining.net)!!

## Contact Us!

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Or call (717) 471-3572

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