

# A Dementia Simulation: “Putting Yourself in Their Shoes”



Have you ever wondered what it might be like to have dementia? This group simulation allows individuals to experience first-hand what it might be like to “walk in the shoes” of a person living with Alzheimer’s disease or another form of dementia. Group discussion after the simulation enables participants to share how the experience changes their understanding of the disease and compels them to adapt their own behaviors to be more compassionate in their care.

In this session, you will learn:

- That dementia impacts more than just a person’s memory
- How Alzheimer’s disease can isolate a person
- Why taking your time and positive body language are so critical in care
- How typical caregiver behaviors can be perceived from the perspective of a person living with dementia



Let our Dementia Expert “open the door”  
to a better understanding of dementia with a  
90-minute or 2-hour session on this topic!

Lori Dierolf, President of Open Door Training & Development, holds a Bachelor’s degree in Psychology and has been leading staff education on dementia topics for over 20 years. She is a Personal Care Home Administrator, as well as a Certified Dementia Practitioner, a Certified Alzheimer’s Disease & Dementia Care Trainer, and a Certified Aging & Alzheimer’s Educator.

Lori’s sense of humor and real-life examples from her years of experience in long-term care are reasons attendees consistently rate her sessions with 5 Stars!!! Read their testimonials at [www.OpenDoorTraining.net](http://www.OpenDoorTraining.net)!!

## Contact Us!

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Or call (717) 471-3572

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